


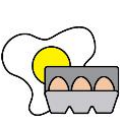
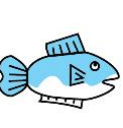
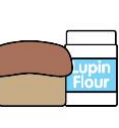










DISHES AND THEIR ALLERGEN CONTENT – THE WATCH HOUSE: Breakfast Menu

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MAX Full English		✓		✓										
Watch Full English				✓										
Veggie Full English	✓			✓			✓							
Salmon on Toast		✓		✓	✓		✓							
Edamame on Toast		✓		✓			✓							
Bacon & Cheese on Toast		✓		✓										
Granola							✓			✓				
Bacon Pancakes		✓		✓			✓							
Berry Pancakes		✓		✓			✓							
Breakfast Ciabattas		✓		✓										



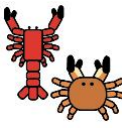
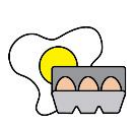

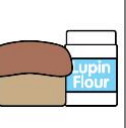




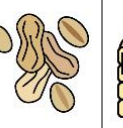
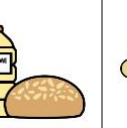
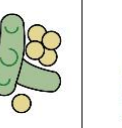

Review date: 03/10/24

Reviewed by: Oliver Bretherton (Head Chef)



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – THE WATCH HOUSE: Lunch Menu

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Shell-on Prawns			✓											
Scampi & Chips		✓	✓	✓										
Fish & Chips		✓		✓	✓									
Fish Curry					✓									✓
Crab Bloomer		✓	✓	✓										
Mac & Cheese		✓		May Contain			✓							
Vegan Curry														✓
Ham & Cheese Toastie		✓					✓							
Cheddar & Onion Toastie		✓					✓							
Bacon, Brie & Cranberry Toastie		✓					✓							✓



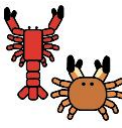
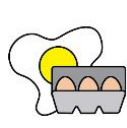

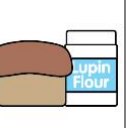




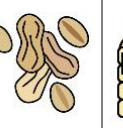
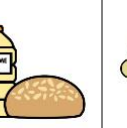
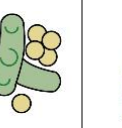

Review date: 03/10/24

Reviewed by: Oliver Bretherton (Head Chef)



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – THE WATCH HOUSE: Lunch Menu (cont.)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Brisket Burger		✓		✓			✓					May Contain		
Cheeseburger		✓		✓			✓					May Contain		
Bangers & Mash							✓							✓
Chips														
Onion Rings		✓					✓							
Salad														
Olives														✓
(Cheesy) Garlic Bread		✓					✓							
Garlic Aioli				✓										
Coleslaw				✓										



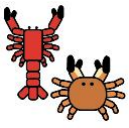
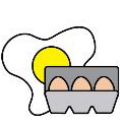

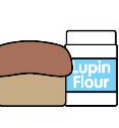








Review date: 03/10/24

Reviewed by: Oliver Bretherton (Head Chef)



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – THE WATCH HOUSE: Pizza Menu

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Margherita		✓					✓							✓
Pepperoni		✓					✓							✓
Hawaiian		✓					✓							✓
Napoli		✓			✓		✓							✓
Meat 'n' Heat		✓					✓							✓
Under the Sea		✓	✓		✓		✓	✓						✓
Delhi Veggie		✓					✓							✓



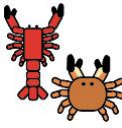
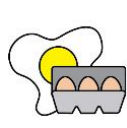
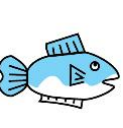
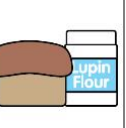





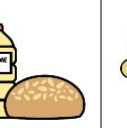
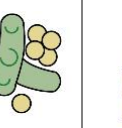

Review date: 03/10/24

Reviewed by: Oliver Bretherton (Head Chef)



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – THE WATCH HOUSE: Sunday Roast Menu

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef														✓
Chicken														✓
Pork Belly														✓
Nut Roast										✓	✓		✓	✓
Meat Gravy	✓													✓
Veggie Gravy														✓
Yorkshire Puddings		✓		✓			✓							
Roast Potatoes														
Braised Red Cabbage														✓
Sweet Potato & Swede Mash														




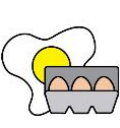
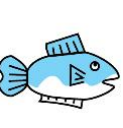
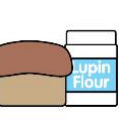








Review date: 16/10/24

Reviewed by: Oliver Bretherton (Head Chef)



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – THE WATCH HOUSE: Sunday Roast Menu (cont.)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Gammon														✓
Garlic Broccoli							✓							
Parsnips														
Cauliflower Cheese							✓							
Crackling														
Sausage Stuffing		✓												
Honey Glazed Carrots														
Sticky Toffee Pudding with Custard		✓		✓			✓							
Chocolate Brownie with Ice Cream		✓		✓			✓						✓	
Eton Mess				✓			✓							

Review date: 16/10/24

Reviewed by: Oliver Bretherton (Head Chef)



You can find this template, including more information at www.food.gov.uk/allergy