

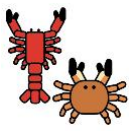
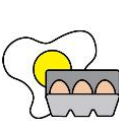
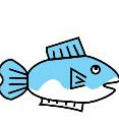



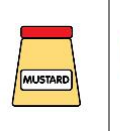
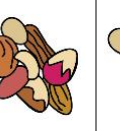
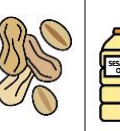
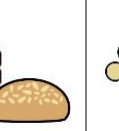
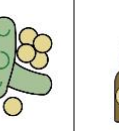





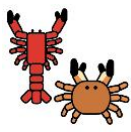
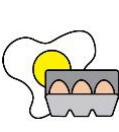

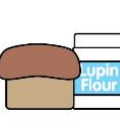




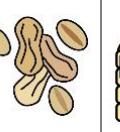

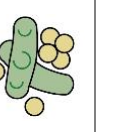

DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: Breakfast Menu

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MAX Full English		Y		Y										Y
Full English				Y										Y
Veggie Full English	Y	Y		Y			Y							
Potato Hash		Y		Y	Y									Y
w/ Salt Beef		Y		Y	Y									
w/ Smoked Haddock		Y		Y	Y									
w/ Asparagus		Y		Y	Y									
Salmon Scrambled Egg		Y		Y	Y									
Edamame Guacamole Toast		Y		Y										
Bacon, Cheese & Egg Toast		Y		Y					Y					Y

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Reviewed by: Colin Upfold




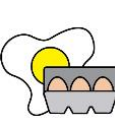
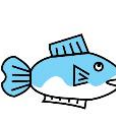





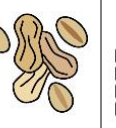
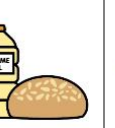
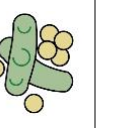

DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: Breakfast Menu (cont.)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ham, Cheese & Egg Toast		Y		Y					Y					
Ciabatta		Y												
w/ Bacon		Y												
w/ Egg		Y		Y										
w/ Sausage		Y												Y
w/ Edamame Guacamole		Y												
w/ Halloumi		Y					Y							
w/ Hash Brown		Y												
w/ Veggie Sausage		Y	Y											
Granola		MAY CONTAIN					Y			MAY CONTAIN				

Review date: 08/03/24

Reviewed by: Colin Upfold



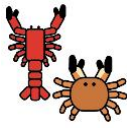
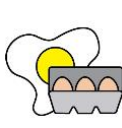
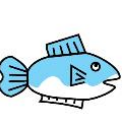









DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: Breakfast Menu (cont.)

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pancakes		Y		Y			Y							
w/ Bacon		Y		Y			Y							
w/ Compote		Y		Y			Y							
Black Pudding	Y	Y												

Review date: 08/03/24

Reviewed by: Colin Upfold




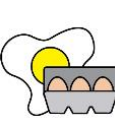
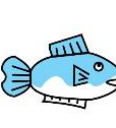





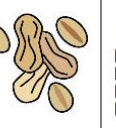
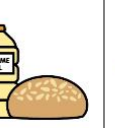
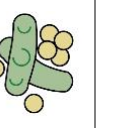

DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: Main Menu

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Shell-on Prawns		MAY CONTAIN	Y						Y					Y
Grilled Fish		MAY CONTAIN			Y				Y					Y
Fish & Chips		Y		Y	Y		Y							
Monkfish Curry	Y	Y	Y		Y									
Crab Sandwich		Y	Y	Y										
Brisket Burger	Y	Y			Y		Y		Y					
Chicken Nachos	Y	Y					Y		Y					
Halloumi Nachos		MAY CONTAIN					Y		Y					
Penne Pasta		Y												Y

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Reviewed by: Colin Upfold




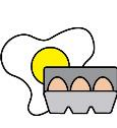










DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: Pizzas

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Margherita		Y					Y							Y
Billy		Y					Y							Y
Hawaiian		Y					Y							Y
Pepperoni		Y					Y							Y
Meat Feast		Y					Y		Y					Y
The Porkie		Y					Y							Y
Thai Tiger		Y	Y				Y							Y

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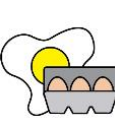










DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: Sides

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Slaw				Y										
Chips		MAY CONTAIN												
Fries		MAY CONTAIN												
Garlic Bread		Y					Y							
Olives														
Salad									Y					Y

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Reviewed by: Colin Upfold




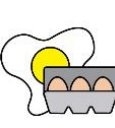

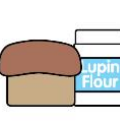








DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: Sunday Mains

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Brisket	Y								Y					
Half Roast Chicken	Y													
Ham Hock	Y													
Pork Belly	Y													
Nut Roast	Y	Y								Y				

Review date: 08/03/24

Reviewed by: Colin Upfold

DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: Sunday Sides

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cauliflower Cheese		Y					Y		Y					
Crackling														
Stuffing		Y		Y					Y					
Yorkshire Pudding		Y		Y			Y							
Honey-glazed Carrots														



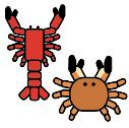
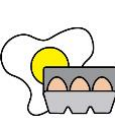
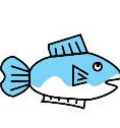
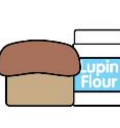








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DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: Sunday Desserts

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Eton Mess		MAY CONTAIN		Y			Y			MAY CONTAIN				
Chocolate Brownie		Y		Y			Y			MAY CONTAIN				
Profiteroles & Chocolate Sauce		Y		Y			Y			MAY CONTAIN			Y	
Chocolate Cheesecake		Y					Y			MAY CONTAIN			Y	
Biscoff Cheesecake		Y					Y			MAY CONTAIN			Y	
Blackcurrant Cheesecake		Y					Y			MAY CONTAIN				




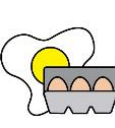
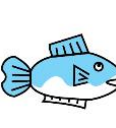









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DISHES AND THEIR ALLERGEN CONTENT – WATCH HOUSE CAFE: The Hideaway

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Loaded Nachos														
w/ Chicken							Y							
w/ Beef							Y							
w/ Halloumi							Y							
w/ Lobster			Y				Y		Y					
Crab Sandwich		Y	Y				Y							
Fish & Chips		Y			Y		Y							Y

Review date: 28/03/24

Reviewed by: COLIN UPFOLD